

Case Studies: Supporting the Implementation of the Health and Physical Education Curriculum – Elementary

For each: What advice can you offer? How can you help? Where will you look in the curriculum for help (page number)?

1. A new teacher in your school is teaching health and physical education next year but doesn't have experience and is looking for help. They feel overwhelmed and nervous.
2. A colleague has been looking over the curriculum and would like to talk with you about how to plan instruction while integrating the living skills. The approach is different and they are looking for advice for planning and teaching.
3. A teacher in your school wants to use Ultimate Frisbee as one activity to teach interpersonal skills and territory game strategies. He/she does not know how to play Ultimate and is looking for resources to introduce it to their grade 5 class.
4. A teacher in your school has been canceling H&PE class for his/her class because the class has been misbehaving in the gym. This teacher comes to talk to you because he/she is exasperated and is looking for some help.
5. A grade 1 class in your school includes a number of students with a range of special needs. One student is in a wheelchair. One is autistic. One has cerebral palsy. The teacher and the two Educational Assistants stay with the students to assist with the class. The grade 1 teacher is the lead teacher for the physical education class and is looking for some help to plan for the class.
6. Classes are only scheduled into the gym once a week at your school. Health is not scheduled. Some people teach it on a regular basis but for the most part, it is done in a sporadic way. Your school has a Health and Well-being committee and they want to look at ways of providing support for effective implementation of the curriculum.
7. A teacher in your school is asking for your help with planning to teach health. They would like to make connections with the Social Studies curriculum, Language and the Arts and are looking for help about where to start.

Case Studies: Supporting the Implementation of the Health and Physical Education Curriculum - Secondary

For each: What advice can you offer? How can you help? Where will you look in the curriculum for help (page number)?

1. A teacher in your school wants to build an HPE focus course centered around basketball. How might you help build this course to ensure that the focus activities are a vehicle to achieve all expectations set out in the curriculum? Jot down key messages that you would want to share with this teacher.
2. A teacher in your school finds achievement charts challenging to use. Because his/her classes are high intensity, he/she wants the chart to reflect this and feels that 60% of the mark should be allocated for application. How might you help him/her plan instruction, assessment and evaluation in a balanced manner?
3. A grade 9 HPE teacher comes to you disheartened about the lack of participation and engagement in her/his course. Together you decide to brainstorm for ideas to engage students to want to participate and strive for healthy active living.
4. You leave a workshop on assessment with many ideas about how to engage students and help improve student learning. You have heard about goals and criteria, portfolios, self-assessment, peer assessment, triangulation, descriptive feedback...your brain is buzzing!! The HPE teacher at your school asks you for help in developing a framework for assessment.
5. Your department is eager to help students learn about healthy living as a part of holistic health. You face some scheduling challenges in that you don't have a room dedicated to health and you also have concerns about students not having opportunities to be physically active when they have health class. Brainstorm ideas to help address these challenges.
6. A parent sends you an email assuring you that his 15 year old child is ready to take up physical activity after being off for three weeks because of concussion. How might you respond to this email? What guidelines might support your response?
7. Ontario is promoting 60 minutes of daily physical activity within the school day. As a physical education leader you are asked by your principal to give him some ideas to support the 60 minutes in your school community.
8. Every year, your Healthy Active Living Education focus course – Healthy Living and Outdoor Activities class participates in a camping activity: 3 days, 2 nights of no-trace camping in tents. The circumstances make this trip a physically demanding outing. One of your students has had a heart transplant when he was 12 but has his permission slip in good order. How might you prepare yourself this time around to make sure that this student is supported?