



Ophea's Concussion Training Webinar - now available, safety.ophea.net/professional-learning

This free webinar, for teachers and school staff addresses those critical components, as outlined in the Ministry of Education's Policy/Program Memorandum No. 158, of Prevention, Identification and Management for a Diagnosed Concussion - Return to Learn, Return to Physical Activity. The content of the presentation focuses on the minimum standards as outlined in the Ontario Physical Education Safety Guidelines Concussion Protocol.

For those boards that have localized their concussion protocol and/or forms, the presentation can be used as a template to customize as per board protocol and implementation tools. It is recommended that boards preview the Concussion Training Webinar and make the necessary adjustments prior to using as a training tool.

Recognizing that some audiences will require more in-depth training, the webinar has been developed with flexible viewing options for boards:

- It can be viewed as a whole
- It can be viewed in parts

Ontario Safety Guidelines Revision Highlights

1. New OSG Pages:

- Elementary Curricular - Kindergarten/Primary Grades - Playground Structures
- Elementary Curricular - Appendix N - Sample List of Activities with Rules and Expectations for Playground Structures
- Secondary Interschool - Cycling/Mountain Biking now two separate pages
- Elementary/Secondary Curricular - Outdoor Education - Aerial Parks

2. Appendix A: All modules

- Addition of concussion information (including in the Elements of Risk; addition of school board concussion policy information and recommendation for parents/guardians to view Dr. Evans video - *Concussion Management and return to learn with child*)

3. Outdoor Education - Canoeing

- Revised supervisor/instructor or hired provider certification to a minimum of Bronze Cross (currently National Lifeguard Services Lifeguard Certificate (NLS) is required)
- Added parameters for non-swimmers who pass Swim Test with pfd to participate

4. All Pages (includes Generic sections) - Jewellery

- Jewellery guidelines updated to include all types of jewellery (e.g., studs, spacers, etc) and to provide teachers more discretion in what situations jewellery should be removed

5. Concussion Appendices (C-1, C-2)

- Minor revisions to include the direction to call 911 in the event of lack of consciousness, lack of responsiveness, seizure or convulsions; added directions that question modifications may be required for students with special needs or very young children; teacher signature now optional

6. Field Hockey, Soccer pages

- Instruction on safe moving and supervision related to portable goal posts

7. Elementary/Secondary Curricular Swimming

- Clarification of supervision ratios

8. Elementary/Secondary Curricular In- ground Trampoline

- Added a distinction between fitness skills and trampoline skills and corresponding supervisor requirements