

September 2013 Refinements to Concussion Protocol

In May 2013, Ophea released new and revised concussion protocols based on the most recent research and the guidelines outlined in the Consensus Statement on Concussion in Sport, Zurich, November 2012. Based on expert feedback, **refinements to the concussion appendices have been made since the original May 2013 release**. For the most recent version (September 2013), and for more information, please visit: <http://safety.ophea.net/release-of-new-and-revised-concussion-protocols>

Annual Updates

The annual updates to the Safety Guidelines are completed and the revised 2013 Safety Guidelines are now posted at <http://safety.ophea.net>. Revisions include the following new pages:

- Goalball (Elementary Curricular; Secondary Curricular)
- Tchoukball (Elementary Curricular; Secondary Curricular)
- Appendix L - Sample Management of Asthma Protocol (all modules)
- Appendix M - Sudden Arrhythmia Death Syndrome (SADS) (all modules)

We have once again created a revisions summary document, which is accessible at the following link: http://safety.ophea.net/sites/safety.ophea.net/files/pdf/en/sg_2013pagerevs_29au13.pdf. In a new easy-to-use format, users of the Safety Guidelines can see which pages have been revised and what content has been updated.

Responsive Design

The Safety Guidelines are now fully compatible across multiple devices including smart phones and tablets.

Revisions to the Frequently Asked Questions and Ask an Expert feature

Ophea has revised and condensed the **Frequently Asked Questions** section of the Safety Guidelines and moved the **Ask an Expert** function to the same web page to be more accessible to users. Access them at <http://safety.ophea.net/ask-expert> or refer to the sidebar on individual activity pages.

Safety Workshops and Webinar

In addition to the Safety Guidelines 101 workshop Ophea has added a new workshop focusing on **Concussion Prevention and Management** also available as a webinar. For more information please visit: <http://www.ophea.net/professional-learning>