

**OASPHE SPRING GENERAL MEETING MINUTES**  
**Monday May 7, 2007**

<b>AGENDA ITEM</b>	<b>DISCUSSIONS</b>	<b>ACTIONS</b>
<b>Welcome and Introductory Remarks by the President:</b> <b>Deb Courville</b>	<b>President's Remarks:</b> <ul style="list-style-type: none"> <li>• Welcome to all delegates attending.</li> <li>• Thank you for all of your work in the province in support of Health and Physical Education.</li> <li>• Next year promises to be interesting as the H &amp;PE curriculum is slated to be reviewed. It is imperative that we continue to advocate for the delivery of quality HPE curriculum.</li> <li>• The current provincial executive, regional reps, and members at large were introduced.</li> </ul>	
<b>Awards</b>	<b>Award winners:</b> <ul style="list-style-type: none"> <li>• Advocacy Award Teacher: Carolyn Temertzoglou (OISE)</li> <li>• Advocacy Award Supervisor: Nancy Popovich (HPEDSB)</li> <li>• Recognition Award: Nancy Schad (Ophea)</li> </ul>	
<b>Elections</b>	<b>Recognition of Diahne Graham:</b> <ul style="list-style-type: none"> <li>• Diahne cannot continue in her role as Regional Rep. for the North because her position is no longer in her board. She will be returning to the classroom.</li> <li>• Deb thanked Diahne for all that she brought to the executive in her one year on the executive, most notably single handedly organizing this spring meeting conference. The association thanks her for all of her work and energy this year and look forward to her continued involvement with Oasphe as a valuable member.</li> </ul>	
<b>Fitness Assessment key messages</b>	<ul style="list-style-type: none"> <li>• The Fitness Assessment committee presentation included an overview of the process to date, a presentation of the 6 key messages and final questions, thought and feedback from participants</li> <li>• The next stage of the process will include: <ul style="list-style-type: none"> <li>- polishing the final messages based on feedback from this meeting</li> <li>- posting the key message on the Oasphe website with the supporting research</li> <li>- partnering with Ophea to create Master Trainer sessions to support the</li> </ul> </li> </ul>	

	<p>delivery of the Physical Fitness Strand that is in keeping with these key messages</p>	
<p><b>Healthy Schools Recognition Program</b></p>	<p><b>How did boards get schools to sign up?</b></p> <ul style="list-style-type: none"> <li>• Secondary panel was brought to the head’s councils and then schools bought in</li> <li>• For elementary levels there was not enough incentive with the banner alone. Money was the big incentive for schools who bought in.</li> <li>• Elementary response seems to have been poor in most boards because of the lack of incentive</li> <li>• Some of the confusion was because of the lack of clarity of communication from the ministry regarding the process and the reporting process.</li> </ul> <p><b>How did secondary schools get their \$1000.00?</b></p> <ul style="list-style-type: none"> <li>• Halton wanted to decentralize the money to schools but schools need to send invoices to the board to get the funds into their accounts.</li> <li>• Some boards had control of the money through their coordinators others did not and superintendents had control.</li> </ul> <p><b>How did secondary schools use their money?</b></p> <ul style="list-style-type: none"> <li>• anti-smoking campaigns, healthy nutrition programs/ happy snack activities at lunch such as smoothies.</li> <li>• Schools bought equipment for use in the cafeteria – ping pong tables, outdoor volleyball court,</li> <li>• Schools are using money for conferences on healthy active living conferences.</li> </ul> <p><b>Why didn’t schools apply?</b></p> <ul style="list-style-type: none"> <li>• Some heads were confused with the information and didn’t understand the process. Schools who received templates and instructions were successful in applying.</li> </ul> <p><b>Looking back:</b>  What stands out as a highlight? What has inspired you? What did you learn? What surprises you? What was the outcome of your implementation of DPA?</p> <p><b>Looking forward:</b>  How do you plan to move schools along the implementation continuum next year? How will you determine the next steps for supporting DPA in schools? Who will determine the plans? Who is involved in determining the next steps?</p>	<ul style="list-style-type: none"> <li>• The website has a section to provide feedback to the ministry regarding the process and it is imperative that the ministry receives this feedback.</li> </ul>

<p><b>DPA discussion – Looking Back...Looking Ahead</b></p>	<p><b>Highlights of discussion:</b></p> <ul style="list-style-type: none"> <li>• The models that boards used were very successful at the beginning. Schools then struggled in January with space issues. Teachers then advocated for DPA to be incorporated on a daily basis through HPE</li> <li>• One school has tracked suspension rates and it appears that the drop in suspension rates seems to correlate with an increased level of activity with DPA.</li> <li>• CIS are working to buy into the Ophea DPA packages</li> <li>• OISE initiative to incorporate DPA in teacher learning</li> <li>• When teachers can see workable models in their classrooms then they feel empowered to deliver DPA</li> <li>• Some parents are also seeing an improvement in student success with the increase in DPA</li> <li>• Using the revoking of physical Education as discipline is no longer an option now that DPA has been mandated</li> <li>• Leadership courses in high schools are using the opportunity to facilitate the delivery of DPA through student leaders visiting elementary schools</li> </ul>	
<p><b>Reports:</b></p>	<p><b>Curriculum Survey Review:</b></p> <ul style="list-style-type: none"> <li>• The report was distributed and Nancy Schad reviewed the process to date. A few key point were highlighted:</li> <li>• Both the elementary and secondary survey results have been collated with the help of a team of Oasphe executive members. The charts and graphs were summarized with support from Ophea.</li> <li>• The next stage of the process will be to bring in teachers in the summer to script key messages to help inform the upcoming curriculum review.</li> </ul> <p><b>OTF:</b></p> <ul style="list-style-type: none"> <li>• “New Moves” DVD was distributed to participants. It is an excellent resource for teachers to understand the integration experiences of students new to Canada and how difficult and different their educational experiences are from their past experiences and how cultural contexts may effect their learning.</li> <li>• There is also an education guide available at <a href="http://www.newmoves.ca">www.newmoves.ca</a></li> <li>• More DVDs can be ordered from the website <a href="http://www.newmoves.ca">www.newmoves.ca</a></li> </ul>	

- Other interesting presentations were given by:
  - Garfield Gini-Newman on Current Brain Research and Critical Thinking
  - UNICEF Presentation” Education for Development and Social Justice.
- Next meeting of OTF: May 11 and 12 – Oasphe will be represented by Nancy Popovich
- OTF teacher summit conference will be attended by Deb Courville
- Ministry of Education and Faculty of Ed. meeting will be attended by Carolyn Temertzoglou

**CAC Report:**

- CAC and Oasphe representatives reflected on their respective roles in partnership with Ophea with respect to reviewing programs that are offered and suggestions for future curriculum directions. The groups brainstormed possible areas of focus:
  - advocacy for appropriate facilities to deliver programs
  - Secondary Student Success
  - Teacher Training
  - Connections with the 4 Pillars

The discussion also focused on determining a meaningful focus and direction and what that would look like in terms of advocacy. The group also discussed the role of CAC with Oasphe and possible resources that will be needed, funding, and possible partnerships.

**Ophea Report:**

**DPA package:**

- Ophea would like boards to commit to the 2007-2008 subscription package by June 2007.
- Ophea is exploring offering web casts for administrators and teachers
- Access to provincial consultants, new activity cards, more supplementary resources, music cds etc
- Boards will also have options of how the package is delivered e.g. centrally to the board or to individual schools and in electronic form or on hard copy

**Jigga Jump:**

- Early childhood to 6 year old program to encourage physical activity. The resource is free and more information may be found on the Ophea website.

**Secondary Teacher Resource on Substance Use and Abuse.**

- It provides a great deal of basic information for teachers to deliver this curriculum. 3 copies are available per school

**Cybercops:**

- Air Dogs has been very successful.

**DPA Evaluation**

- has been awarded to Parker Management Consulting Inc. Board personal should complete the survey and it must be done by June 11. The questionnaire can be found at <http://moedpa.pmcinc.ca/en>

**DPA Forum:**

- The Education Minister, Kathleen Wynne, delivered the opening remarks and shared her personal experiences and support of DPA. She is a strong advocate
- Doug Gleddie, from Alberta also presented as well as key active workshops

**Living School Forum:**

- This was a successful forum, which brought together representatives from Living School communities to a day of networking and sharing.

**Menu of Choices:**

- Ophea is currently developing communication tools to support elementary schools and community members in healthy eating. Tools include posters, bulletin board. These materials are also available on a new website that will also feature healthy eating information, a directory of nutrition programs, community links and websites to nutritional information. Visit [www.ophea.net/menuofchoices/khc](http://www.ophea.net/menuofchoices/khc)

**Ophea Kids' Health Conference:**

- The conference is scheduled from October 11 to October 13, 2007 at the Nottawasaga Inn. The early bird registration deadline is Friday June 29, 2007. To register visit [www.ophea.net/khc](http://www.ophea.net/khc).

	<p><b>Oasphe Fall Meeting:</b></p> <ul style="list-style-type: none"> <li>The meeting is scheduled for October 11, 2007 at the Nottawasaga Inn from 10:00 am to 3:00 pm, immediately preceding the healthy kids conference.</li> </ul> <p><b>Safety Report:</b></p> <ul style="list-style-type: none"> <li>Coming soon will be a searchable FAQ database where teachers can look for answers to questions.</li> <li>Ophea has released the Dragon Boat Racing activity page. Draft pages should now be replaced with the new 2007 version.</li> <li>Pages can also be found in the Safety Services Package in New/Updated Activity Pages section at <a href="http://ophea.net/Ophea/Ophea.net/SafetyServicesLogin.cfm">http://ophea.net/Ophea/Ophea.net/SafetyServicesLogin.cfm</a></li> <li>The revision of the entire safety guidelines continues.</li> <li>Questions and comments are always welcome at <a href="mailto:safety@ophea.net">safety@ophea.net</a></li> </ul> <p><b>Treasurer's Report:</b></p> <ul style="list-style-type: none"> <li>Oasphe is a non-profit organization who's funds are used to pay for administrative support from our treasurer, Ann Amberg, to pay honorariums for members attending meetings on Saturdays, to send the executives to represent the association at Conferences such as the National Healthy Schools Conference. It is important for educators to attend these conferences so the voice of healthy schools can be heard.</li> </ul>	
<p><b>New Business</b></p>	<p><b>Safe and Healthy Schools Initiative:</b></p> <ul style="list-style-type: none"> <li>There is a meeting on May 18<sup>th</sup> at CPCO offices to discuss the integration of these two initiatives. Tony Pettiti gave a detailed rationale for why this is a good direction to move. He will be in attendance and will have more information for the June General Meeting.</li> </ul>	
<p><b>Share the Wealth</b></p>	<ul style="list-style-type: none"> <li><b>TDSB-</b> worked with the survey department to determine what new workshops should be offered to help teachers with DPA. The research department is now looking at the data and principals are now involved in a survey.</li> <li><b>PDSB</b> – has an implementation committee, which is responsible for coordinating the delivery of DPA at their schools. The committee encouraged lead teachers to compile their success stories. The committee compiled those stories and distributed this at the meeting. The success stories are listed on the Peel website.</li> </ul>	

	<ul style="list-style-type: none"> <li>• <b>PDSB: “Think. Act. Be...Fit 2007 – “The Challenge Begins With You”</b> The PDSB is running their conference again this year on Thursday October 25<sup>th</sup>, 2007 at Mississauga SS from 3:30 to 8:30 pm. Presenter applications and delegate applications were distributed. Delegates will get to choose 3 workshops, a hot buffet dinner, a participant bag and draw prizes.</li> <li>• Virtualparty.com is a good website to help kids make safe choices</li> <li>• <b>“Box On”</b> – the Ontario Boxing association will come to the schools to teach boxing properly and students get to try out their skills on accredited instructors</li> <li>• <b>TDSB:</b> Student Conference on Revitalizing Intramurals is using the remainder of the secondary school Healthy Schools Initiative dollars to run a conference with the theme of revitalizing school intramurals and creating healthy school environment. It is a student conference with a wealth of sessions for students such as CIRA, how to run activities for large groups of students, public health will bring in kits for use in schools such as drinking and driving and sun protection. At the end, each school will get a small grant (\$200) to buy supplies to start publicizing their events.</li> <li>• <b>CIS – Holy Trinity School:</b> Students write a journal of questions that they might ask their parents. The teacher collates the questions and students pick 10 to ask parents. Parents can then go on a website and ask questions to their kids on an anonymous basis. It is a great icebreaker for parents to ask questions of kids and kids to ask questions of parents that they might not otherwise be comfortable asking. For more information contact <a href="mailto:nmorgan@hts.on.ca">nmorgan@hts.on.ca</a></li> <li>• <b>OISE – Carolyn</b> at OISE is encouraging using the TGFU as a method of delivery to teach movement skills and game and sports strategies. Her students are having great success in adapting this model to their classrooms as new teachers rather than focusing on sport specific skills. It is also a key strategy to assist new teachers in introducing skills for the 4 game types for which they may be unfamiliar. For more information contact Carolyn at <a href="mailto:ctemertzoglou@oise.utoronto.ca">ctemertzoglou@oise.utoronto.ca</a></li> </ul>	
<p><b>Presentation:</b> <b>Melody Crowe-</b></p>	<p><b>Key Notes of Presentation:</b></p> <ul style="list-style-type: none"> <li>• This was a wonderfully informative presentation about the significance of the Medicine Wheel and all that it can teach us about the world and about philosophical perspectives</li> </ul>	

	<p>on life, culture and inclusion of others.</p> <ul style="list-style-type: none"> <li>• It is important when curriculum planning and curriculum writing and delivery all people need to be considered because individual differences and needs are not always visible to the eye.</li> <li>• To be inclusive is the first step to inspirations and therefore to inspire our students we need to ensure that they are included.</li> <li>• 7 grandfathers are very similar to the current focus on character education and much can be taught through this teaching: wisdom; love; bravery; respect; honesty; humility and truth.</li> <li>• Participants were given a button representing the medicine wheel to remind us of the richness of this symbol and to incorporate these messages into our own work as provincial leaders. In addition, we were given s synopsis of the The significance of the wheel and the message set forth when a person wears the wheel as a symbol.</li> <li>• Melody can be reached the following e-mail address. She is more than willing to help with ideas and lending support to educators who would like ideas for their curriculum and classrooms. <a href="mailto:melody_crowe@cprdsb.ca">melody_crowe@cprdsb.ca</a></li> </ul> <p><b>Handout:</b> Diahne Graham distributed a handout of a few interesting native games that educators can use. More information can be found at <a href="http://www.mathcentral.uregina.ca/RR/database/RR.09.00/treptau1">www.mathcentral.uregina.ca/RR/database/RR.09.00/treptau1</a></p>	
<b>Adjournment</b>	<ul style="list-style-type: none"> <li>• Deb again thanked Diahne for all of her hard work in single handedly organizing the day. It was all fantastic!!!!</li> <li>• Meeting adjourned at 2:45 pm</li> </ul>	