

## OASPHE Meeting Minutes: Thursday, March 31<sup>st</sup>, 2016

**Attended:** Dave Inglis, Lara Paterson, Rebecca Richardson, Tanya Woods, Lorna Tremonti, Anne Facey, Barb O'Connor, Joanne Walsh, Hubert Brard, Anne Facey, Darryll Hancock, Deb Lawlor, Bob Thomas, Karin Podlatis Brown, Tammy Schubat, Rebecca McDonald, Karen Podlatis-Brown, Julie Anderson, Joel Brough,

**Regrets:** Mike Mahon, Carolyn Temertzoglou, Ted Temertzoglou, Lindsay LaMorre, Aviva Rosenberg, Carol Scaini,, Nicki Keenlside, Sue McMahan,

Agenda Item	Discussion	Action
<p><b>ONGOING FOCUS and ADVOCACY</b></p> <p>Phys. Ed Matters: Let's Be Heard..... Thunderclap (Twitter @supportphe)</p> <p>PHE as a teachable and Faculty of Ed Programs Queens Gazette <a href="http://www.queensu.ca/gazette/stories/admission-physical-and-health-education-program-temporarily-suspended">http://www.queensu.ca/gazette/stories/admission-physical-and-health-education-program-temporarily-suspended</a></p> <p>The Neglect of Physical and Health Education Programs: <i>And Why All Canadians Should Care</i> (PHE Canada response) <a href="http://journal.phecanada.ca/issues/132/volume-81-issue-4/neglect-physical-and-health-education">http://journal.phecanada.ca/issues/132/volume-81-issue-4/neglect-physical-and-health-education</a></p>	<p>Queen's U. decision to suspend entry into Bachelor of HPE program - courses embedded in this program would be accessible through Kin and Health Studies; -furthermore, trend appears to be that HPE studies are declining and Fac. Ed's not recognizing Phys Ed as a teachable, validated by feedback from students currently at Fac. Ed's (often the Cohort lead has no background in phys ed, hence student is asked to "classroom" competency and not performance based in gym teaching)</p> <p>-dialogue followed on line, with the following points: an OASPHE response is needed to Fac Ed's in the form of an open letter to Deans with concern as to why Fac Ed's are not accepting HPE as a teachable -also inquiry as to whether that might be another venue to present OASPHE's concern - perhaps at joint OTF and MOE meetings; prime opportunity might be during the review of the AQ summer course development in which OASPHE members were included.</p>	<p>see Thompson report below too for more detail</p> <p>Letters to follow up (Beck and Dave)</p> <p>Deans of Fac Eds and KIN/HPE</p> <p>OCT</p>

<p>Higher Risk Coaching and First Aid follow up. Whats yours board action plan? Where are your needs and concerns.</p> <p><b>ACTION PLAN and COMMITTEE WORK</b></p> <p><b>Conference Committee</b></p> <p><b>Awards</b></p> <p><b>Agenda and Workshops</b></p>	<p>A number of reps from various boards shared their processes which included: using the PD Day for Professional Development training; on going training by identifying teaching staff who would be coaching and offering training monthly and paid for; payment seems to be coming centrally; agencies used include St. John Ambulance and Red Cross (usually dependent upon networking) Opeha and OFSAA , COA and PSO are releasing a joint communique re: upgrades</p> <p>OASPHE awards presented by Dave, Lara and Barb; nominations should be out already; nominations close on April 1/16</p> <p>-FYI: Rebecca and Tanya are unable to attend due to PD day responsibilities;          -reference the info re: work shop flow;          -starts at 8:30 am with Dave and Lara as Leads; Ann and Nicki will lead welcome and housekeeping;          -2 workshops in the morning; followed by award presentations          -Buffet Lunch with OISE students presenting = format therefore is a “working lunch”          -2 workshops in the afternoon          -final session at the end of the day will be “Share the Wealth”; may need to divide this session into elem and secondary focus options; also seems to be a need for a system leader session that could be held at this time.          -Deb Lawlor closes the OASPHE conference at 4:00 pm</p> <p>-request for ‘all hands on deck’;          -see above; Lara, Dave and Barb holding the AGM on Thursday night; also man’ing the registration table</p> <p><b>-Rick Ramsay hospitality at 9:00 pm</b></p>	<p>Any concerns or updates, please forward to Dave</p>
--	---	--

<p>Roles for the day</p> <p><b>Communication and Marketing</b></p> <p>Joint position statement with Ophea related to Academy Programs in schools ELAR - <a href="http://www.edu.gov.on.ca/eng/general/elemsec/job/passport/experiential.html">http://www.edu.gov.on.ca/eng/general/elemsec/job/passport/experiential.html</a></p> <p>Sports Academy Programs (Peel - Football/London - Basketball/Hockey Skills Academy)</p>	<p>in depth dialogue was shared re: the nature of the various programs outlined and their alignment with HAL course expectations; concern as to whether there is an “athletic” mindset superseding the “curricular” comprehensive expectation focus; however, acknowledged in summary that the academies are more specific in the training of the student athlete in a particular sport, yet they complete a full day school curriculum for a very limited number of students; stated that once a student is identified for this program, they cannot play for that school’s “interschool” team.</p> <ul style="list-style-type: none"> <li>- various descriptors were shared about programs;</li> <li>- Hockey Skills Canada course however, is offered as a focus type course and not the same as the “academy’s”</li> <li>- concern with the HSC credit course is the potential that it is not as comprehensive in inclusion as HAL courses may be</li> <li>- do we as OASPHE need again to draft an open letter or a position paper to such organizations to highlight the need for a comprehensive foundation that leads to developing “active for life”</li> <li>- Focus Courses were reviewed at the Fall Conference, asking “what does it look like?”; Ophea is developing some resources that would support HAL focus type courses; Dave will reach out to Tammy as more info is received;</li> <li>- acknowledged major concern is the view of a “focus” course as technically an opportunity for students/schools to “practice out of season” hence supporting the creation of “dynasty” type schools in some sports’ fields.</li> <li>- <u>a session of focus courses will be held at the OASPHE conference</u></li> </ul>	
<p><b>Membership and Recruitment</b></p> <p>role on the executive for 2016-2017</p>	<p>Executive members are asked to let Lara know about their future intentions so that at the AGM we can</p>	<p>please follow up with Lara for your role for</p>

<p><b>Networking Opportunities and Support Resource</b></p> <p><b>Implementation Supports - Next Steps/Issues/Gaps</b></p> <p><b>CUBE for Teachers - see attachment with minutes</b></p> <p><b>OHSC supports Active at School</b></p> <p><b>Ministry of Ed: 21st Century Competencies</b></p> <p><a href="http://www.edugains.ca/resources21CL/About">http://www.edugains.ca/resources21CL/About</a></p>	<p>confirm needs;</p> <p>-at this time, Regional Rep and Members at Large positions are open</p> <p>new resource links are found on OASHPE members' access - appreciation expressed about the "one stop shopping" option provided; members should forward any requests for resources that should be considered/added to site, to Dave</p> <p>-use? Many organizations are followers, hence question was: "how could OASPHE be supported by this"? keep in mind that as we have 4 generations of teachers in our field, we should continue to support all forms of communication, and hence we should consider this venue</p> <p>-similar links to Ophea's criteria/purpose of the "Healthy Schools"</p> <p>FYI - clarification that skills and capacities are not just about technology and proficiency in its use.</p>	<p>next year;</p> <p>open positions will be presented at AGM</p>
--	---	--

[21stCentury/21CL\\_21stCenturyCompetencies.pdf](#)

Video to support The Adaptable Mind  
<https://vimeo.com/133190364>

## REPORTS

CIRA (Dave): Workshop Overview

[http://assets.ngin.com/attachments/document/0090/1288/CIRA\\_Conference\\_Workshop\\_Line\\_Up\\_-\\_2016.pdf](http://assets.ngin.com/attachments/document/0090/1288/CIRA_Conference_Workshop_Line_Up_-_2016.pdf)

Ontario Concussion Prevention Network (Sue)  
*no update at this time*

OPHEA (Tammy) *attached to original agenda and below*

OTF (Joanne) *STAO opportunity, attached to original agenda and below*

OHSC (Sue) *see document that accompanies minutes*

PHE Canada (Jeff) *no update at this time*

Safety Guidelines (Lara) *attached to the original agenda and below*

TEP (Ted) *attached to original agenda and below*

## Other Business



## **OPHEA Safety Guidelines Update**

### **1) Important Updates Effective September 2016**

The following phased-in revisions become effective September 1, 2016:

- First aid certification increases to a higher standard for higher risk sports
- Increased coaching qualifications for higher risk sports.

Ophea is currently working with OFSAA, CAO and the PSO's on one-pagers for each higher risk sport which outline the Safety Guidelines coaching qualifications, how to access NCCP courses, funding opportunities and where to find more information. These will be posted on the OFSAA website and promoted through OFSAA channels. Once these are completed (this week or next) Ophea will post a reminder of the new coaching qualifications that become effective September 2016 and a link to the one pagers on the homepage of the Safety Guidelines. This will also be communicated in an email sent to all Ophea school board safety contacts.

### **2) Winter Sports Death Review**

The Office of the Chief Coroner of Ontario conducted a Winter Sports Death Review (WSDR) of all accidental skiing, snowboarding and tobogganing deaths in Ontario from 1991-2012. Recommendations specifically addressed to the Ontario Physical Education Safety Guidelines have been reviewed and discussed; relevant updates will be made as appropriate.

## **OASPHE meeting update from OPHEA**

### **OMA Kids Run Club**

The Ontario Medical Association's Kids' Run Club is a free down loadable program that supports children and youth (Grades 1-12) to get active, have fun – and run!

The Kids' Run Club is for all abilities - prior running experience is not required of coaches or students. Easy-to-use materials, including a Coach's Guide and Participant's Guide, provide information to lead a successful run club that builds skills and supports students in setting and fulfilling goals, including participating in a fun run. To help motivate and encourage students, the program includes swag items to give out as incentives or prizes.

Before registering, please read the following:

We kindly ask that the coach who will be assuming primary responsibility for organizing and implementing your group's run club complete the registration form, and only one coach per club complete the form. Following registration, you will be the main point of contact for Ophea for the duration of the program. (Note: If there will be more than one club per school, more than one coach can complete this registration form). By completing the registration you agree to the following:

1. Your school is located in Ontario.
2. Your contact information will be collected by Ophea for the purpose of organizing the program and will not be disseminated without your permission.
3. You intend to be the coach, implement the Kids' Run Club Pilot and be the main point of contact for Ophea.
4. You will complete a follow-up survey upon completion of the program.

To fill out the registration form [click here](#).

Following completion of the registration form, a representative from Ophea will contact you with more information.

Thank you again for your interest!

### **Ophea H&PE and Safety Survey Your feedback is important to us!**

In our continued effort to provide and deliver the highest quality programs and services we are asking for YOUR feedback in a Program and Planning Survey, focusing on Ophea's Health and Physical Education Curriculum Resources and the Ontario Physical Education Safety Guidelines. Whether you just learned about us, or you've been a client for years, your opinion *really does matter* to us and will have a direct impact on the future developments and enhancements to our programs and our services.

We ask you to take 15 minutes to provide us with your feedback. As thanks for your time, you could win 1 of 20 \$25 gift cards to your choice of Chapters/Indigo or the Loblaws group of stores. To take the survey, click [here](#).

### Recently Launched/Updated Resources

**All about H&PE** – new videos on subsequent fundamental principles, and new posters

<http://teachingtools.ophea.net/supplements/all-about-hpe/posters-and-videos>

### Upcoming Resource Launches

**Inquiry Based Learning Guide** – April 11<sup>th</sup> on Teaching Tools

**Approaches to Teaching Health for Secondary Educators** – on Teaching Tools

### New Opportunities

Ophea is in the process of finalizing a Transfer Payment Agreement with the Ministry of Education to support some H&PE capacity building (which includes consultations, training, mentoring and coaching for educators) and will look to OASPHE as a key partner in implementing this work within school boards across Ontario.

### **Report for OASPHE from Thompson Education Publishing**

### #PhysEdMatters

Continuing our investment in our support of quality physical education, we're launching a new website and social campaign called #PhysEdMatters.

<https://www.physedmatters.com>

#PhysEdMatters is global initiative that will highlight real stories of educators, coaches, administrators, and anyone else making a difference in physical education worldwide. Our purpose is to bring more attention to the importance of physical education, physical activity, and physical literacy, and recognize the diverse work that these difference makers are doing all over the world.



The kick things off for World Physical Activity Day, which is April 6<sup>th</sup>, we've partnered with Thunderclap, a crowd speaking platform that allows people to pledge a Tweet and/or Facebook post of a single message that is mass-shared at the same time! Think of it as an online flash mob, and it only takes 5 seconds for you to join.

<https://www.thunderclap.it/projects/39405-physedmatters-let-s-be-heard>

#### Live Demos

Kinesiology teachers and consultants/administrators who are interested, can request virtual live demo of the Learn. platform and all it's functionality. They can contact Sally Hong at 416.766.2763 x.228 or via email at [sally@thompsonbooks.com](mailto:sally@thompsonbooks.com)

#### Huddle Connect Professional Development Series

The goal is to continue our professional development series in the new school year, and would love feedback on what was liked from the series so far, which speakers and topics might be of interest for us to try to deliver, and if there are any other suggestions in regards to the format, time it's delivered at, etc.

Any feedback can be forward to Fabian Aird at [fabian@thompsonbooks.com](mailto:fabian@thompsonbooks.com)

#### **OTF- via STAO**

Greetings colleagues,

*Science Teachers' Association of Ontario* (STAO) would like to invite other subject/division associations to come together to plan and present summer institutes for elementary teachers delivered by way of the OTF Summer Institutes 2016.

As a subject association, STAO has struggled to meet the professional learning needs of elementary teachers and surveying of elementary teachers has informed us that a more integrated approach to professional learning is needed. We sent out this invitation last summer and had a good response, but never moved forward due to the labour issues.

As such, STAO would like to invite interested subject/division associations to select and send members of their association to be a part of a team that plans and presents summer institutes in which elementary teachers could experience a variety of professional learning resources provided by multiple subject/division associations.

## The Plan:

1. Members of interested subject/division associations will attend a one-day planning meeting in which teams of teachers from various subject/division associations create a three-day framework for a summer institute that would meet the needs of the participants and highlight resources of each participating subject/division association. Depending on the response, a team could be formed for kindergarten, primary, junior and intermediate teachers. As such, associations could suggest the name of one member to each of the four teams, or to any one of the teams, depending on the interest of the association.
2. Once the framework for the three-day summer institute is decided upon by the team members at the one-day planning session, members of the team will create their perspective parts of the summer institute. All of the pieces will be combined to form a resource as required by the OTF guideline.
3. STAO will look after submitting the appropriate proposals to OTF and coordinating with OTF to have pertinent information uploaded to the OTF registration website. Each team will decide where and when they would like to offer the summer institute, according to the guidelines provided by OTF. Each subject/division association that forms part of the planning and presentation team will be listed as the sponsors of the summer institute in promotional materials.
4. STAO will work collaboratively with all team members to allocate the funding provided by OTF to cover the costs for the planning and presenting of the workshops based on the guidelines provided by OTF.

## Expectations of members who submit their names to be part of the team:

1. Attend the one-day planning meeting – mileage, parking, refreshments and lunch will be covered by STAO.
2. Complete part of the presentation agreed upon at the planning meeting.
3. Attend and deliver, as part of the facilitation team, sessions that get sufficient registration numbers (or make arrangements for someone from your association to facilitate).

## How to become involved:

**ACTION REQUESTED:** If your subject/division association is interested in being part of an integrated summer institute for elementary teachers, send an email to Malisa Mezenberg at [Malisa\\_mezenberg@STAO.org](mailto:Malisa_mezenberg@STAO.org) by April 4, 2016 so we can determine if there is interest in moving forward with this approach.

Sincerely,

Malisa Mezenberg STAO/APSO PD Coordinator