

## OASPHE Meeting Minutes: March 29, 2017

**Attended:** Rebecca, Dave, Rebecca M., Anne, Brigitte, Tanya, Barb, Carolyn, Julie, Lindsay M., Lorna, Bob, George

**Regrets:** Aviva, Sue, Lara, Ted, Joel, Andrea, Joanne

Agenda Item	Discussion	Action
<b>ONGOING FOCUS and ADVOCACY</b>		
<b>Queens University Decision (Dave)</b>	<ul style="list-style-type: none"> <li>● Rec'd response from the OTF executive with respect to writing a response to the Queen's decision</li> <li>● Dave met with Chris Markham – will not proceed with a joint letter</li> <li>● Barb suggested that we recognize the positive that some Faculties do offer quality HPE programs and we recognize them.</li> <li>● Advocate more hours for HPE within the Faculties ...Lindsay says this could be a significant challenge.18 hours mandated at York?</li> <li>● Suggestions... to look at the pathways...do not worry about faculties but look more closely at where we need to be invested.</li> <li>● How do we get more teachers interested in taking AQ Courses for HPE? However, how realistic is this? Most elementary teachers are generalists. Continue to advocate with the support of Ophea.</li> <li>● Wait to see what the funding says, DPA changes and info re: Well-Being strategy.</li> </ul>	<p><b>Action:</b> We will explore what is being offered at the different faculties ....</p> <p>Carolyn and Dave to update list of faculties and build networks / partnerships with programs ... We need contacts for these programs.</p>
<b>Healthy Schools Working Table</b>	<p>Lara representing today – lots of good ideas – memos for Directors re: funding for the Well-Being Strategy</p> <p><b>Ministry asked for feedback...Is this to support next steps. Is there a place where funding amounts is publicized?</b></p>	
<b>ACTION PLAN and COMMITTEE WORK</b>		
<b>Review and Updates to the OASPHE Action Plan</b>	<ul style="list-style-type: none"> <li>● No updates provided at this time.</li> </ul>	
<b>Conference Committee (Beck)</b>	<ul style="list-style-type: none"> <li>● Numbers currently sit at 58 for Friday, 70 as of April 13th               <ul style="list-style-type: none"> <li>○ Who's still to register?</li> <li>○ Workshop flyer done</li> <li>○ Andrea doing the Twitter feed.</li> <li>○ Every day sending a word of the day .... Word or phrase of the conference</li> </ul> </li> </ul>	<p><b>Action:</b> Please share the following flyers and links:</p> <p><a href="#"><u>OASPHE CIRA Conference 2017</u></a></p> <p><a href="#"><u>Conference Flyer</u></a></p> <p><a href="#"><u>OASPHE Workshops Flyer</u></a></p>

	<ul style="list-style-type: none"> <li>• <a href="#">Agenda</a></li> <li>• <a href="#">OASPHE Workshops Flyer</a> <ul style="list-style-type: none"> <li>o room allocation and schedule to be firmed up</li> </ul> </li> <li>• <a href="#">Word of the Day #OASPHE2017</a></li> </ul> <p>Awards</p> <ul style="list-style-type: none"> <li>• To date 3 nominations ....April 3 deadline...</li> <li>• 1 for Recognition Award (** Kathy Doherty Masters Retirement), 2 for teacher award, none for system lead</li> </ul> <p>Masters Ed Students ... presenting in the lunch hour</p>	
<b>Communication and Marketing (Beck)</b>	<ul style="list-style-type: none"> <li>• Twitter</li> </ul>	Action: participate in the Word of the Day twitter campaign.  #oasphe2017
<b>Membership and Recruitment (Beck)</b>	See suggestions in Advocacy.	
<b>Networking Opportunities and Support Resource (Dave)</b>		
<b>REPORTS</b>		
<b>CIRA and OTF (Dave)</b>	<ul style="list-style-type: none"> <li>• We are at 77 delegates for Saturday workshops :)</li> <li>• T-shirts have come in, they look great (sport grey - black lettering)</li> <li>• Finalizing the agenda and workshop lineup so it can go to print;</li> <li>• Again.. half of the registrations have been processed off line. Delegates find the registraton process not user friendly (something to discuss)</li> <li>• Rebecca and Dave have a draft memorandum of understanding through which we can discuss this final point.</li> </ul>	
<b>OPHEA CAC (Beck)</b>		
<b>Ontario Concussion Prevention Network (Sue)</b>	No updates provided.	

<b>OPHEA (Tammy)</b>	See below.	
<b>OHSC (Beck and Tanya)</b>	<p><b>Conference April 4th and 5th in Toronto</b></p> <p><b>Ontario Middle Years Strategy</b>  The Ontario Middle Years Strategy will bridge the existing frameworks for the early years [<i>“Early Learning for Every Child Today”</i> (<a href="#">ELECT</a>)] and for youth (<i>Stepping Up</i>). It will help to support the wellbeing and positive development of all of Ontario’s children in the middle years, with a particular focus on the most vulnerable children and families.</p> <p>For your reference, the Ontario Middle Years Strategy will include two key components:</p> <p>A <b>developmental framework</b> that maps the interconnected domains of middle years child development, including self and spirit. The developmental framework will include a summary of research on development during the middle years and the impact of environmental/contextual influences, and developmental “maps” that outline “what is happening”; “how do we know”; and opportunities to support positive, strength-based development (“how do we help”).</p> <p>A <b>strategic framework</b> that defines a common vision, core principles and outcomes of wellbeing for middle years children.</p> <p>Both resources will reflect the diversity of context and identity which inform family life and child development, as well as the need for culturally relevant responses to support children and families.</p>	
<b>OTF (Dave)</b>	Nothing to report. Next meeting is on the same weekend as the conference so Dave looking for an OASPHE member to attend (details to follow)??	Action: Let Dave know if you are interested in attending.
<b>PHE Canada</b>	<ul style="list-style-type: none"> <li>• <b>Call for Proposal submissions - PHE Canada 2017</b>  HSC National Forum Physical and Health Education Canada is now inviting submissions to present at the 2017 Healthy School Communities National Forum. Please find attached the call for proposal submissions for the 2017 Healthy School Communities National Forum held in Ottawa November 2nd and 3rd, 2017. Deadline to apply is April 20th. Direct Link: <a href="http://www.phecanada.ca/events/HSCForum2017/call-presentations-webform">http://www.phecanada.ca/events/HSCForum2017/call-presentations-webform</a></li> </ul>	
<b>Safety Guidelines (Lara)</b>	For updates <a href="#">Click here</a> .	
<b>TEP (Ted)</b>	See below.	
<b>Other Business</b>	Joanne and Dave connected with The Invictus Games to create new lessons to support this work.  Barb created Lessons on HD and Sexual Health for Grade9 with ICE and is happy to share.	Connect with these folks for more info.

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## **OPHEA Updates (Tammy):**

1. Ophea is pleased to be partnering with Shira Taylor, PhD candidate at the University of Toronto to deliver Sex Education by Theatre (SExT), a free sexual health education theatre program for secondary schools across the Greater Toronto Area.

SExT is a youth-driven, culturally inclusive, theatre-based approach that explores sexual health education content. The SExT performance was developed and is performed by youth, and includes a compilation of sketches, songs, raps, dances, and spoken word pieces. This youth-driven approach has created a piece that includes sexual health education topics most relevant to youth, and portrays these ideas in a vibrant and honest performance that makes a meaningful connection with other youth.

The SExT performance allows secondary students to realize that they are not alone when it comes to sex ed — they may have the same questions, ideas, and feelings as other youth across Ontario. By providing real-life experiences to start the conversation on this important topic, this performance supports students to go out and continue to build their own knowledge so they may lead healthy, safe, and happy lives.

The SExT program includes materials to support educators and their students prior to and after the performance.

The performance will be approximately 60 minutes long and will be delivered May 9-19, 2017 at the Factory Theatre in Toronto. Performance bookings will be offered on a first-come, first-served basis, with preference given to Grade 11 and 12 students. This performance is well-suited for and connects to the learning in English, Drama, Equity Studies and/or Health and Physical Education classes. The performance is free and Ophea will provide a stipend to assist in covering transportation costs for schools from the Greater Toronto Area. Stipend will be determined based on location and the number of students from each school attending.

Please forward the attached promotion to your schools.

For further details and to book schools for a performance please email [curriculum@ophea.net](mailto:curriculum@ophea.net)

The SExT program is being provided by Ophea in partnership with Shira Taylor.

Promotional material and clips can be viewed on the SExT YouTube channel.

2. Save the Date for the Ophea Conference 2017 – October 12th and 13th in Niagara Falls! Registration opens next week,
3. Ophea's Capacity Building Project for 2016-17 is coming to a close, however funding for continuation next year is highly probably. Ophea is looking forward to continuing to differentiate its professional learning support to school boards in this way.

## **Thompson Educational (Ted):**

**Healthy Kids Community Challenge:** We are currently working with the TCDSB/TDSB and the Boy's and Girl's Club of East-Scarborough, on theme 2 (Water Does Wonders). Each school has been given \$1,500 to spend on charts and another \$1,000 for additional resources for their schools' initiatives (grand total of \$2,500 per school for this round). For theme 3 (Choose to Boost: Veggies and Fruit!) we've started planning with Collingwood, Georgina, Ajax, Oshawa, Chatham-Kent and Algoma. If you can help us secure other schools in your area, we'd love to connect with you to discuss the possibility of joining forces for the next round.

**2017 Conferences:** Upcoming conferences include: IPLC (International Physical Literacy) conference in Toronto, CIRA (Canadian Intramural Recreation Association of Ontario) conference in Orillia, PHE Canada and PESIC (Physical Education Special Interest Council) conference in Newfoundland, and HPEC (Health & Physical Education Council) conference in Jasper. We plan on hosting workshops at each one of these conferences with a full booth at both IPLC and

PHE Canada.

**Healthy Active Living 2.0:** Our editorial team is hard at work on some of the remaining chapters of HAL 2.0. We should be ready to present a prototype of some of the print and digital components by mid April of this year. We are working with OASPHE, Ophea, PHE Canada, Canadian Sport for Life, Participation, The Canadian Society of Exercise Physiologist, Camh, Institute of Catholic Education (ICE), The Canadian Pediatric Association, All Provincial HPE Associations, and UNESCO to develop this resource. We plan on having the print and digital resource completed by the fall of 2017. We will be releasing more updates, as we get closer to the release date.

**Huddle Connect:** Our Huddle Connect Professional Development Series will be returning with another new “Ask the Expert” webinar. In this webinar, Dr. Cindy Krysac (Mental Health First Aid Canada Instructor, Ph.D. Physics), will provide suggestions for assembling essential tools for caregivers. The tools can potentially empower anyone who feels that someone they know is impacted by mental health problems, with a perspective for responding to youth and emerging adults. Cindy will answer questions from students, parents, and teachers regarding mental health issues that concern them and their peers. Watch for the release on our Huddle Connect website link <http://thompsonbooks.com/kto12/h/huddle/>

**HPE/DPA with Numeracy Integration Workshop:** Through a numeracy-centered workshop, we want to integrate specific numeracy expectations from the curriculum with physical movement by using our functional fitness charts. We’ve developed sample lesson plans that link games and activities with one of the 5 mathematical strands of the curriculum, showing the variations for each grade level (Grade 1 to 6). We are currently working with the Thames Valley District School Board and one of their schools to launch a pilot project for this initiative. With their teachers and math leads, we hope to encourage HPE/Numeracy champions through an active session with key takeaways for teachers. Our goal is to show the added benefits of blending the two initiatives that will help teachers achieve various curriculum expectations in a fun and engaging way.

**Email Course** – Re-imagine Healthy & Physical Education (5 days, 5 emails, 5 minutes): Accompanying our campaign to “Re-imagine Health & Physical Education”, we’ve developed an email course to help inspire teachers to re-imagine their own H&PE programs. This email course will be short and to the point, and will cover the big ideas, tips, and strategies to help them develop their own strategies; whether they are generalists at the elementary level or secondary level teachers

At Thompson, we continuously work to support and add value to the work being done in every school. Feel free to contact our Customer Success Coordinator, Shannon Uprichard ([shannon@thompsonbooks.com](mailto:shannon@thompsonbooks.com)), or myself to arrange a free virtual tour of our digital platform or for any questions/support you need.

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