

## OASPHE Meeting Minutes: January 10th, 2017

**Attended:** Rebecca, Dave, Karin, Anne, George, Brigitte, Lara, Julie, Joel, Lorna, Joe, Karen, Deb, Barb, Tammy

**Regrets:** Lindsay, Tanya, Andrea H., Joanne, Sue, Aviva,

Agenda Item	Discussion	Action
<b>ONGOING FOCUS and ADVOCACY</b>		
<b>OCT and AQ's (Beck)</b>	<ul style="list-style-type: none"> <li>• Great News! OCT has asked us to review the Grade 7 and 8 HPE AQ.               <ul style="list-style-type: none"> <li>○ Uncertain of the details but will share further information when it is communicated from OCT contact.</li> </ul> </li> <li>• Submission of our last OCT AQ revisions will be done and submitted by Feb 1st.               <ul style="list-style-type: none"> <li>○ Finished intermediate updates (7-10) and will be shared with the group.</li> </ul> </li> </ul>	<p>Let Rebecca know, via email, if you are interested in being part of this review.</p> <p>Have confirmed this is for Schedule C Grade 7 and 8 HPE.</p>
<b>Capacity Building with OPHEA (Beck)</b>	<ul style="list-style-type: none"> <li>• <a href="#"><u>Facilitation Guide</u></a> and <a href="#"><u>“Supporting Coordinated Action to Address the Well-Being of Ontario’s Children and Youth”</u></a> with OPHEA               <ul style="list-style-type: none"> <li>○ Shared the facilitation guide with contact in Alberta.</li> <li>○ Facilitation guide will be used at provincial sessions.</li> <li>○ Supports well-being strategy</li> </ul> </li> <li>• <b>Well-Being Strategy Engagement Session</b> <ul style="list-style-type: none"> <li>○ Follow up from CAC/OASPHE meeting</li> <li>○ MOE has extended the submission date to March</li> <li>○ Rebecca has shared the summary of the survey completed together at CAC meeting...Highlighted areas of advocacy (e.g., policy, DPA, ...) that OASPHE could further support</li> <li>○ Some boards are involved in implementing the survey with various teams.</li> </ul> </li> <li>• <b>Ontario150</b> <ul style="list-style-type: none"> <li>○ The Ministry of Education has identified your organization as a key stakeholder who may be interested in Ontario150 programming. As a result, the Ontario150 Secretariat along with the Ministry of Education invite you to a breakfast to learn more about how you can participate in Ontario’s Sesquicentennial celebrations</li> </ul> </li> </ul>	<p>Dave and Rebecca to review with Tammy and Chris the info to be shared with MOE</p> <p>Tanya Woods attending, representing OASPHE.</p>
<b>ACTION PLAN and COMMITTEE WORK</b>		
<b>Review and Updates to the OASPHE Action Plan</b>	<ul style="list-style-type: none"> <li>• <a href="#"><u>OASPHE Fall Update 2016</u></a></li> </ul>	

<p><b>Conference Committee (Beck)</b></p>	<ul style="list-style-type: none"> <li>• <b>Meeting on January 26th to finalize details</b> at Barb's school <ul style="list-style-type: none"> <li>○ May look at ideas for year two of HPE implementation and/or a focus on Well Being</li> <li>○ Need to continue to share and promote registration</li> </ul> </li> </ul>	<p><b>Please share the following flyer and link</b></p> <ul style="list-style-type: none"> <li>• <b>OASPHE CIRA</b></li> <li>• <b>Conference 2017 Conference Flyer</b></li> </ul>
<p><b>Communication and Marketing (Beck)</b></p>	<ul style="list-style-type: none"> <li>• Andrea H had officially taken over the <b>OASPHE Twitter</b> @SupportHPE</li> <li>• <b>Create a package</b> (info flyer, membership form) for local conferences</li> </ul>	<p><b>Send Rebecca your Twitter handles to be added</b></p> <p>Sub-committee to be formed beginning February.</p>
<p><b>Membership and Recruitment (Beck)</b></p>	<ul style="list-style-type: none"> <li>• <b>Pre service teachers fee and recruitment</b> <ul style="list-style-type: none"> <li>○ Continue to investigate</li> <li>○ Barb suggested that we find opportunities to go out to Teacher Candidate programs to make connections. Also, Barb suggested that we provide a flyer that highlights the supports and services that could be shared with the faculties.</li> </ul> </li> <li>• <b>Current numbers</b> <ul style="list-style-type: none"> <li>○ Increased numbers from last year by 2.</li> <li>○ List of members is posted and will be shared with the executive</li> <li>○ No response from letters sent to boards from Lara</li> <li>○ Dave thought it would be good to have a table at Ophea conference but we are restricted by our budget.</li> <li>○ Lara sent an email with the application and information on the benefits of being a member</li> </ul> </li> </ul>	<p>Send out our letter for Faculties of Education Beck, Dave and Lara to touch base re: letter.</p> <p>Share via Carolyn's Fac. Ed. contact info</p> <p>For communication that goes out with Ophea, OASPHE information could be included. Tammy also agreed that OASPHE could have a greater presence at the Ophea Conference</p>
<p><b>Networking Opportunities and Support Resource (Dave)</b></p>	<ul style="list-style-type: none"> <li>• Please be sure to continue to <b>share any tools, resources or supports</b> that come your way; we can share through the list-serve but also want to post to the Members area <ul style="list-style-type: none"> <li>○ Dave wanted to know if there are any gaps for resources required to implement the curriculum</li> <li>○ Joe felt a need to find a niche...What is our focus? Is there a need that is not being met? Anne feels that there is a lot of information posted already, may need more time to include updated resources.</li> <li>○ Barb feels that we are a good support to leaders in schools and boards...but teachers may need help finding the resources</li> <li>○ George and Julie feel the HPE curriculum is essential to the province's Mental Health Strategy and initiatives but the value of this curriculum is being over-looked</li> <li>○ Initiatives are out there ...but the decision-makers are not listening and promoting HPE the way it could be</li> </ul> </li> </ul>	<p><b>How do we get the right support (people listening)?</b></p> <p>Dave suggested we should work with our partners to get on the agenda of the right supporters or create a presence with policy makers that will share this message, e.g, Code ...Julie to ask Heather about relevant connections for our advocacy goals</p>

<b>REPORTS</b>		
<b>CIRA and OTF (Dave)</b>	<ul style="list-style-type: none"> <li>• OTF - Teacher Ontario (TVO) – Explore, Share, Create platform....may be an opportunity to share OASPHE resources</li> <li>• CIRA – conference session planning to ensure no duplicates</li> </ul>	
<b>OPHEA CAC (Beck)</b>	<ul style="list-style-type: none"> <li>• <a href="#">CAC OASPHE Meeting Nov. 28th</a></li> </ul>	
<b>Ontario Concussion Prevention Network (Sue)</b>	<ul style="list-style-type: none"> <li>• No report at this time</li> </ul>	
<b>OPHEA (Tammy)</b>	<ul style="list-style-type: none"> <li>• Ophea Update – January 2017 – See notes below.</li> </ul>	Building Capacity project – Contact Tammy if interested
<b>OHSC (Sue)</b>	<ul style="list-style-type: none"> <li>• <a href="#">Conference Registration and Info April 4th and 5th Toronto</a></li> <li>• Grant from the Ministry to focus KNAER ....working as a hub for Well-Being</li> </ul>	
<b>PHE Canada (Jeff)</b>	<ul style="list-style-type: none"> <li>• No report at this time</li> </ul>	
<b>Safety Guidelines (Lara)</b>	<ul style="list-style-type: none"> <li>• Mid-year updates sent to boards</li> </ul>	
<b>TEP (Ted)</b>	See notes below.	Please see below for more info
<b>Other Business</b>		

***New H&PE Secondary Resources!***

*The wait is finally over! Ophea has just launched new comprehensive resources to support secondary educators in quality implementation of the 2015 Health and Physical Education (H&PE) Curriculum: Grades 9-12.*

*Ophea's new H&PE Secondary Resources include a variety of supplements, samples, posters, and writable templates as well as materials to use with students that can be adapted to address diverse contexts, and student needs/interests in order to support teachers with the delivery of the H&PE curriculum.*

*These resources are available to educators from school boards or organizations that have purchased access.*

[\*Check out the new H&PE Secondary Resources now!\*](#)

***Wallet Wellness has been updated!***

*Wallet Wellness' ready-to-use activity cards now include cross-curricular connections to language and math curriculum in addition to integrating financial literacy into the Grade 4-8 Health and Physical Education (H&PE) curriculum. These direct links to language and math expectations make it easier to use these activities in various lessons and settings, while providing further links to every-day-life.*

*Available for free online in English and French, this resource also includes: animated conversation starter videos for students, professional learning videos for educators, and a supporting Facilitator's Guide.*

[\*Check out Wallet Wellness today!\*](#)

### ***Student Voice: Activate the Discussion Videos and Guides!***

*Check out the All About H&PE videos and Discussion Guides! The Student Voice: Activate the Discussion videos (elementary and secondary) feature students from across Ontario sharing through words and illustrations the importance of experiencing quality instruction in a welcoming and inclusive learning environment. Watch, discuss and share these videos to learn more about quality H&PE and be inspired to think further about students' needs, health, safety, and well-being while at school. Discussion Guides are available online to help start the conversation with parents/ guardians, students, and fellow educators.*

[Watch the Student Voice videos!](#)

### ***Campaign Messengers: Taking a Stand (Sexual Violence Prevention)***

*Due to continued interest in the initiative, we are planning a second training (format to be determined) in February 2017. All schools that participate in this initiative are invited to an in-person Peer Sharing Event hosted by Ophea in May 2017.*

[Learn more and register for Campaign Messengers!](#)

### ***H&PE Capacity Building Project***

*Piloting a coaching model where each participating Board would have 1-2 instructional coaches to work with educators in their Board to build capacity. Extremely successful so far, with project extension to the end of March 2017, and very likely beyond. We are fully evaluating the approach in partnership with Brock University, in order to utilize and apply the results to refine the model moving forward.*

## **Thompson Educational Publishing**

1. The second edition of ***Health Active Living: Keep Fit Stay Healthy Have Fun (HAL 2.0)*** is underway! We will have a Prototype (AKA: Architect Blueprint) of the entire Print and Digital components by the end of January to share with you. From there we will be asking OASPHE's and Ophea guidance and support on various levels (i.e., reviewers, expert advisory group and the like). Along with OASPHE and Ophea we will be working with PHE Canada, Canadian Sport for Life, Participation, The Canadian Society of Exercise Physiologist, Camh, Institute of Catholic Education (ICE), The Canadian Pediatric Association, All Provincial HPE Associations, and hopefully UNESCO. The main delivery model for the new HAL will be the Flipped Classroom approach which also ensure that parents, guardians and caregivers see the value of having a high quality physical education experience for their teenager(s). The UNESCO Quality Physical Education Policy Document has formed the foundation of HAL 2.0 and we are so excited to work with you and your students to ensure all needs have been met. Stay tuned for more information to come soon.

2. It is Back! The Huddle Connect Professional Development Series returns with the all new "Ask the Expert". This year, teachers, students and parents have an opportunity to ask the expert questions that they will address and record for all to hear. Here's the link to the most recent one by **Dr. Jessica O'Rielly**. <http://thompsonbooks.com/kto12/h/huddle/huddle-connect-webinars/>

The next one is: ***Teachers, Parents and Peers as Caregivers: Assembling Your Tool Box for Supporting Youth Mental Health***. Dr. Cindy Kryzac (Mental Health First Aid Canada Instructor), will provide suggestions for assembling essential tools for caregivers. The tools can potentially empower anyone who feels that someone they know is impacted by mental health problems, with a perspective for responding to youth and emerging adults. The suggestions for caregivers will be structured from trusted resources, yet will be flexible enough for adapting to unique stories. Every person who finds themselves in a caregiver role can find hope by accessing and practicing powerful evidence based approaches which can effect positive change. Visit the Huddle for more information

<http://thompsonbooks.com/kto12/h/huddle/>

3. **Learn**. The all-new **Learn**. platform is our online learning environment of which many of your school use to access their Digital Classroom for **(PSK4U) Introduction to Kinesiology**. Please remind your teachers that they can reach us for guided virtual tours, at no cost, to help make their transition to Digital as smooth as possible. Please have them contact Katherine at [katherine@thompsonbooks.com](mailto:katherine@thompsonbooks.com) for any help or would like to learn more. Katherine recently ran a "how-to-webinar" taking 150 Newfoundland Labrador teachers through a guided webinar showing them how to maximize their **Active for Life** resource. Whatever help they need we are here for them.