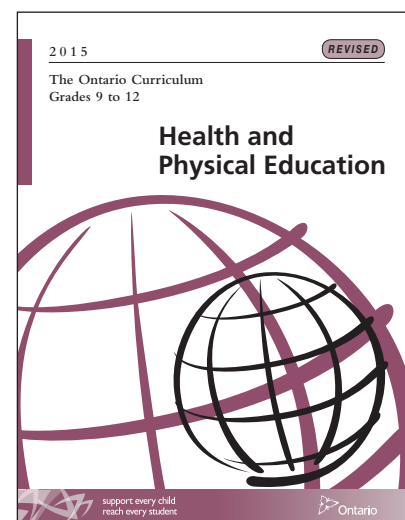
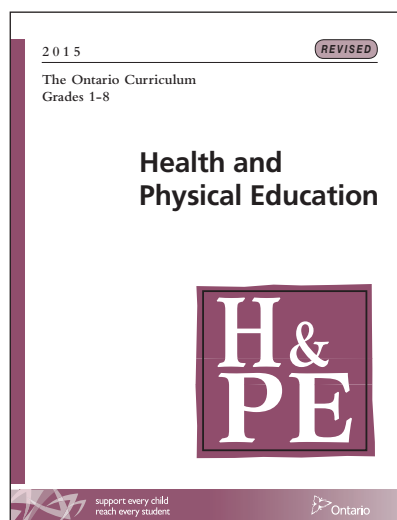


# Health and Physical Education: Supports for Curriculum Implementation

2015



A wide variety of resources are available to support educators with the implementation of the 2015 elementary and secondary Health and Physical Education curriculum. These materials are designed to support the communication and partnership between home and school that is critical to the health, well-being and overall success of students.

Additional material will continue to be developed and released throughout 2015/16.



**Catholic Principals' Council of Ontario (CPCO)** and **Ontario Principals' Council (OPC)** have jointly produced an *HPE Administrator Toolkit* to build understanding about the updated curriculum's key changes and to support dialogue with parents and the community. The *Toolkit* includes a Questions & Answers document, presentation materials (slides) for staff and for parents and a Toolkit Guide (with tips and strategies). Materials have been tailored to Catholic and public system needs and are available at [www.cpco.on.ca/index.php/public/](http://www.cpco.on.ca/index.php/public/) and [www.principals.ca/](http://www.principals.ca/).



**Ophea** has produced materials such as posters, online learning clips/videos to support building understanding about key concepts within the curriculum. <http://teachingtools.ophea.net/>

**The Institute for Catholic Education (ICE)** is developing a suite of resources including communication materials for parents and administrators (e.g., letters to parents, pamphlets). [www.iceont.ca](http://www.iceont.ca)



**Supports from local health units.** Find local information at [www.health.gov.on.ca/en/common/system/services/phu/locations.aspx](http://www.health.gov.on.ca/en/common/system/services/phu/locations.aspx)

## ANTICIPATED IN FALL 2015

- Additional resources from Ophea to continue to build understanding of the curriculum including posters and teaching tools, conversation starter video clips, online learning opportunities such as Twitter chats and face-to-face professional learning opportunities at the annual Ophea Conference in Toronto, on October 15 and 16, 2015.
- Further communication materials from the Institute for Catholic Education for educators and administrators and resources for elementary and secondary teachers that show connections between the updated Health and Physical Education curriculum and existing Catholic teaching resources and programming (e.g., Fully Alive, Family Life, Religious Education) will be released to support instruction of expectations through a Catholic lens.
- Webinars for administrators to assist with use of the administrator toolkits and answer questions about the curriculum.

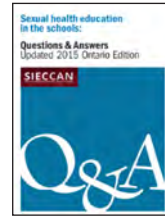
## ANTICIPATED IN WINTER 2016

- Materials from the Institute for Catholic Education and Ophea to specifically support planning for instruction of the human development and sexual health component of the curriculum.
- Ongoing professional learning opportunities from partner organizations through webinars, online learning and social media platforms.

# ADDITIONAL RESOURCES

## Sexual Health Education in the Schools: Questions and Answers (2015).

The Sex Information and Education Council of Canada (SIECCAN) has updated this **resource** document which incorporates Ontario-specific data and updated research on sexual health education. [www.sieccan.org](http://www.sieccan.org)



## Professional learning modules to support safe, inclusive, accepting schools

The Ontario Education Service Corporation's (OESC's) professional learning modules support safe, inclusive and accepting schools across Ontario. Four versions of the modules have been developed for use in Ontario's four publicly-funded school systems including English Public, French Public, English Catholic and French Catholic. They are designed to provide options for creating professional learning sessions that reflect local school/board contexts. <http://acceptingschools.oesc-cseo.org/en-ca/>. To access a range of board-developed materials relating to equity and inclusive education, please see the OESC resource inventory. <http://equity.oesc-cseo.org/>



**Building Healthy Relationships** The Council of Directors of Education (CODE) Tool Kit and Guidebook on Building Healthy relationships were distributed to all publicly funded school boards during the fall of 2014. Additional copies are available online. The tips and suggestions throughout this package were developed by parents from across the province, as well as educators, students, and experts in children's development. [www.ontariodirectors.ca/parent\\_engagement.html](http://www.ontariodirectors.ca/parent_engagement.html)



**Draw the Line** provides resources which challenge common myths about sexual violence and equips bystanders with information about how to intervene safely and effectively. Resources include teacher modules and lesson plans, with links to the curriculum. [www.draw-the-line.ca](http://www.draw-the-line.ca)

## DRAW THE LINE

**It Starts with You, It Stays with Him** includes online resources and social media messages from the White Ribbon Campaign which promote healthy, equal relationships with a focus on men and boys. Resources include teacher modules and lessons plans, with links to the curriculum. [www.itstartswithyou.ca](http://www.itstartswithyou.ca)



## I am a Kind Man / Kizhaay Anishinaabe Niin

An awareness campaign led by the Ontario Federation of Indigenous Friendship Centres that provides culturally-based resources for Aboriginal men, youth and kids to help end violence against Aboriginal women. [www.iamakindman.ca](http://www.iamakindman.ca)



**Egale Canada Human Rights Trust** provides resources and school-based training sessions to support safer and more inclusive schools and materials specifically related to lesbian, gay, bisexual, trans, queer and questioning (LGBTQ) equity and inclusive education. The website includes information for students, parents and educators. New e-learning modules, "Trans 101" are anticipated this fall. [www.mygsa.ca](http://www.mygsa.ca)



## Safe@School

COPA (Centre ontarien de prévention des agressions) and the Ontario Teachers' Federation have worked together to develop a variety of programs and resources for parents and educators related to violence and bullying prevention, and equity and inclusion. [www.safeatschool.ca](http://www.safeatschool.ca)

