

LDCSB Proposed Teacher Training Request for Extension School Food and Beverage Policy Funds

Project Objective

LDCSB is requesting an extension on the spending of the Food and Beverage Policy Funds for secondary. We would like to do the training with our teachers in the late fall 2012. At the ministry training session held on Feb. 7th 2012, a draft Secondary School Teacher Resource Guide was presented. Also discussed was a cook book that will provide recipes that have been altered to meet the standards as well strategies that will help teachers to alter recipes to meet the standard. This presentation was very good and the attending teachers were very excited to receive these materials. Also promised was the release of a slide deck to further help with the training. Unfortunately, these materials have not yet been released. We look forward to providing our teachers with these materials and would like to use them in our inservice. We are hopeful we will receive these supports by late fall and foresee them playing a significant role in the training we hope to provide. Our plan would be for late fall but we would make sure to have used the funding by March 31st of our next school year at the very latest.

Our plan will unfold in three stages:

- i) Release of teachers for planning session to create presentation team
- ii) Gathering of Resources, Planning of Agenda, Inclusion of Public Health, Plan for next steps (entire school training)
- iii) Inservice: Lead Secondary Teachers from the Following Areas
 - Health and Physical Education
 - Hospitality
 - Food and Nutrition

It is our intention to release one teacher per department listed above per secondary school.

The inservice will include:

- A) Overview (from slide deck) which will include information about the requirements of the School Food and Beverage Policy.
- B) Presentation from Public Health with Q and A opportunities.
- C) Presentation of Secondary School Teacher Resource Guide (Scavenger Hunt).
- D) Making connections between the policy requirements and the information taught in the curriculum related to healthy eating.
- E) Cross curriculum effective practices related to the teaching of healthy eating.
- F) Presentation of Cookbook.

Lastly, participants will plan how to work with their school's principal to train the teachers in their school.

Thank you for your kind consideration of this request.

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